

everfit

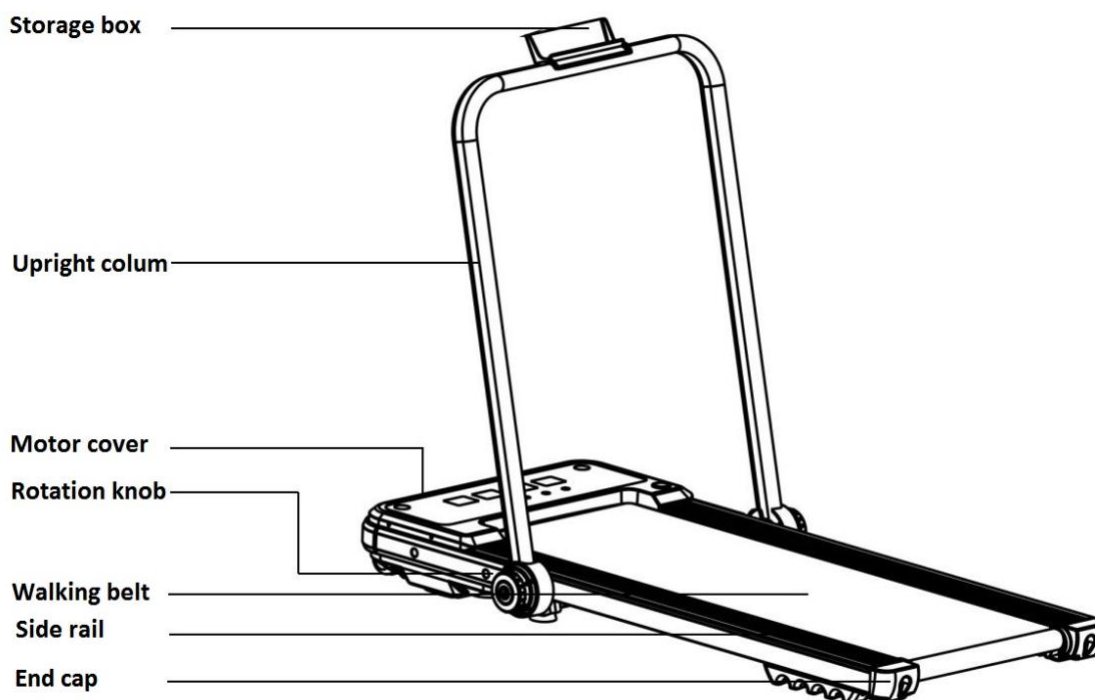
INSTRUCTION



TFK135 SLIM



1. Product Brief



Main technical parameters

No.	Parameters Names	Description
1	Input voltage	AC220-240V (50-60Hz)
3	Motor power	0.85CHP
5	Speed	0.8-8 Km/h
6	Running surface	405*1100 mm
7	Max user weight	90KG
8	Net weight	33kg
9	Expand dimensions	1380*720*1030mm

Packing list

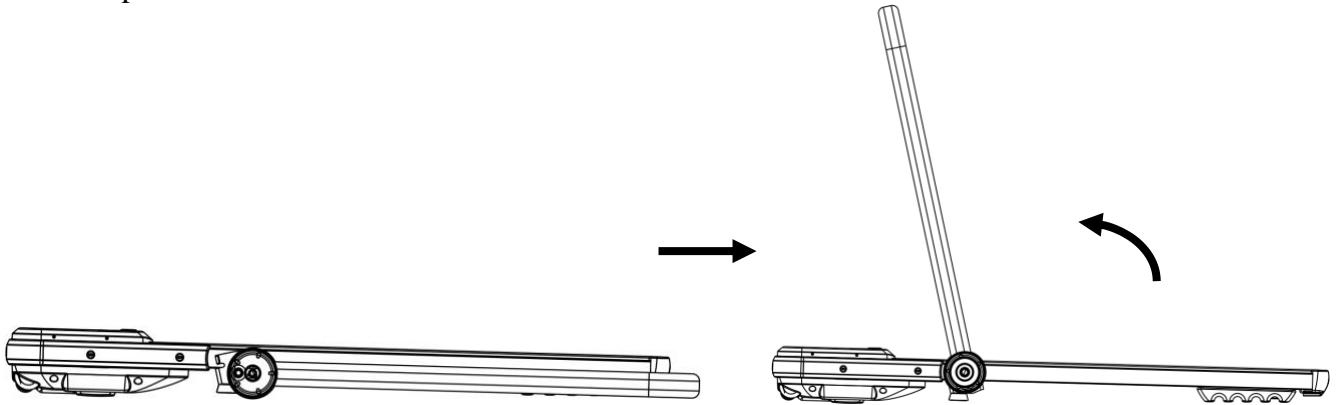
No.	Name	units	Qty
1	Complete machine	Set	1
2	Storage box	pc	1
3	Rotation knob	pc	2
4	Accessory bag	Set	1

Accessory bag list

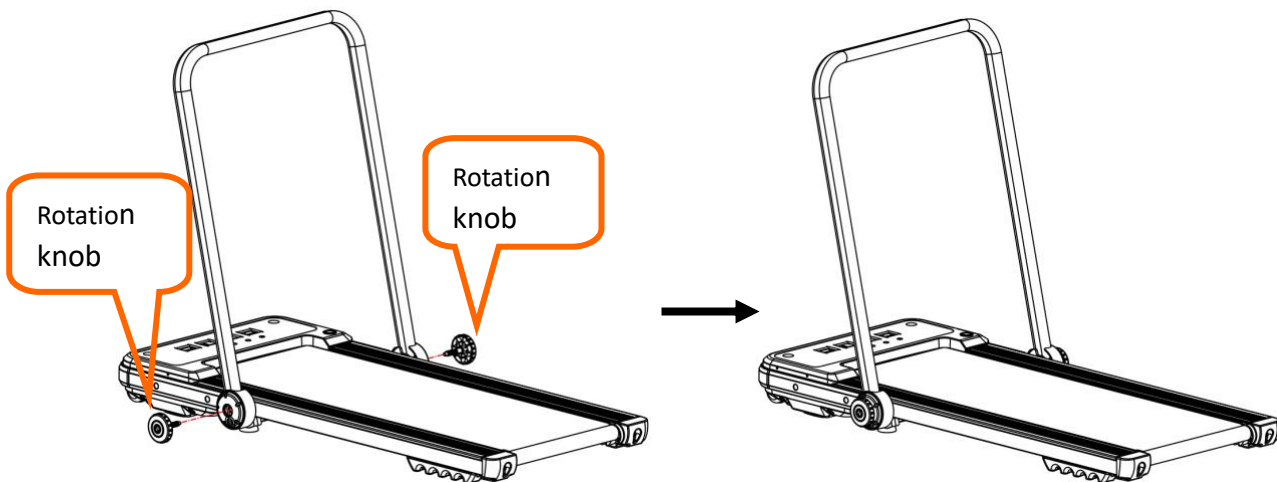
NO.	Name	QTY	NO.	Name	QTY
1	6# inner hexagon wrench	1	4	Silicon oil	1
2	Combination wrench	1	5	User manual	1
3	Remote	1	6		

3. Installation Instructions

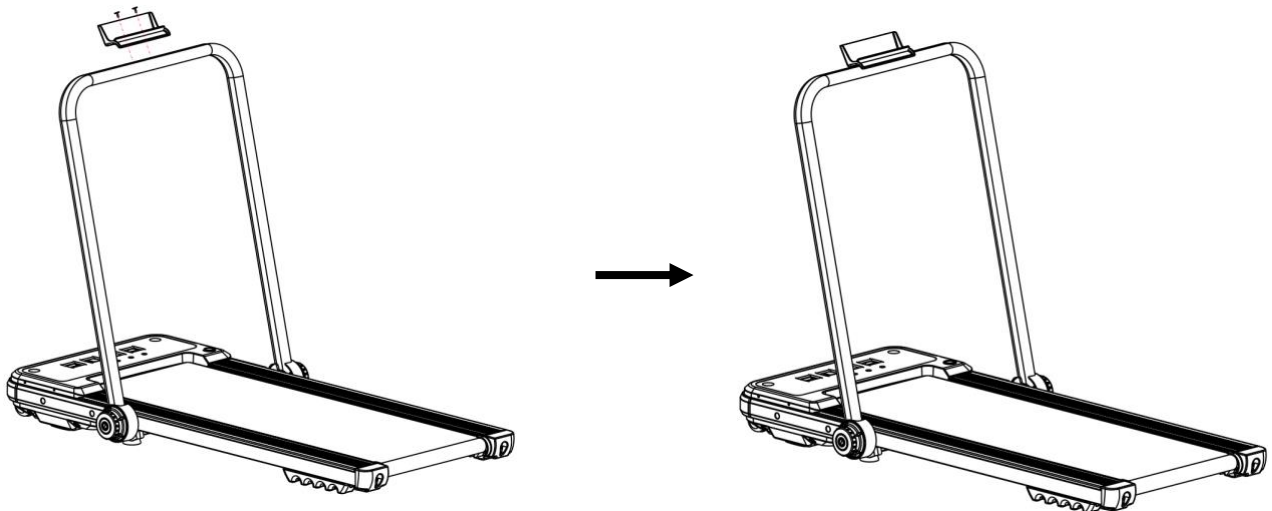
1. Put the machine flat on the ground. Stand the upright columns according to the direction showing in the pictures bellow.



2. Find the rotation knobs in the accessory bag and use them to lock the two sides of the upright columns. (Note: Please tighten with clockwise direction.)



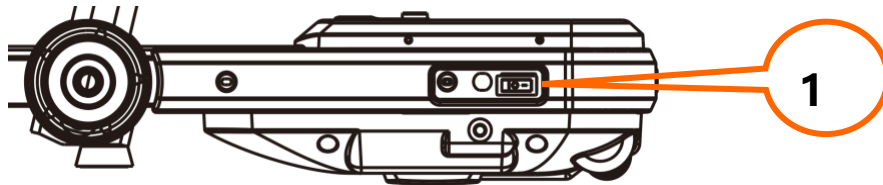
3. Use combination wrench to remove the two pre installed screws. Put the storage box on the front handle and use the two screws to fix the storage box.



4. Using Instructions

Using walking pad

1. Insert the power plug properly and turn on the switch(in red color)(1). When the light is on, there will be a beep sound. (Note: The switch is on the right side of the machine.)



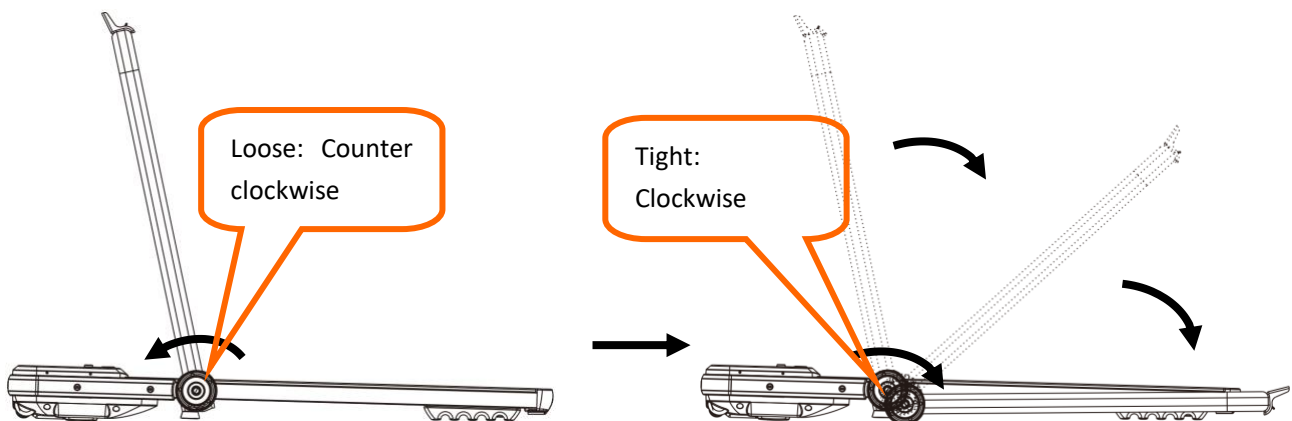
2. Folding instruction

Fold the walking pad to save your space. Please turn off the switch and unplug the power line before folding.

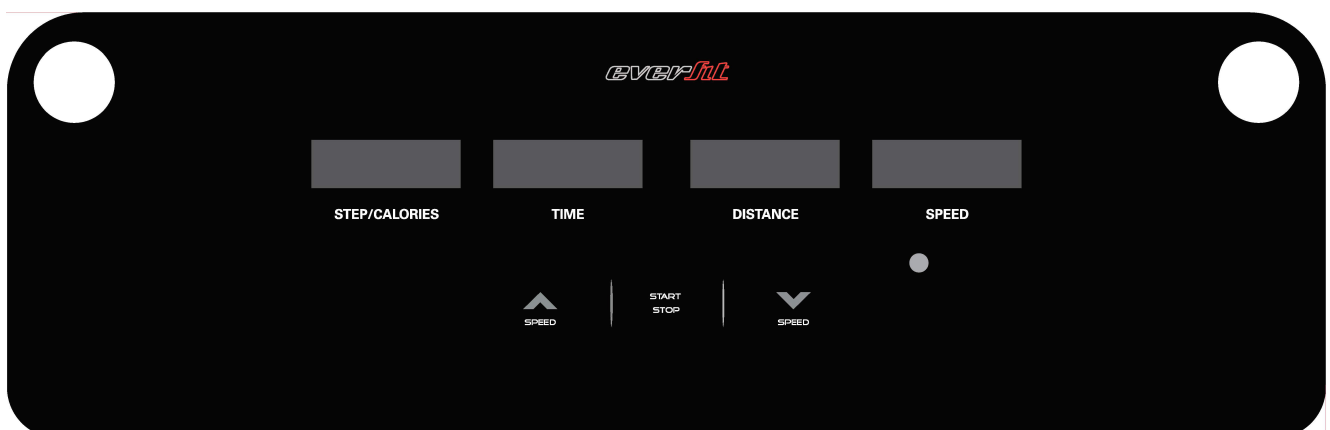
A. Loosen(counter clockwise direction) the two knobs on both sides.

B. Lower the upright columns gradually until they are of same level with the walking deck.

(Notice: In case of the break of storage holder, it is suggested to remove it and store it properly after folding.)



3. Screen display



4. Display Function

4.1 LED window display

Steps Display: Display the current steps.

Calorie display: Display the current calorie.

Time Display: Display the current time.

Distance display: Display the current distance.

Speed display: Display the current speed.

4.2 Control button function

Start/Stop: In stop state, press this button to start the walking pad.

In running state, press this button to stop the waling pad.

Speed+: In running state, press this button to increase the speed.

Speed-: In running state, press this button to decrease the speed.

5. Start Instructions

5.1 Manual mode instruction

5.1.1 Turn the switch on, you will hear a beep sound and the machine enters manual mode.

5.1.2 Press *Start/Stop* button, the screen will display numbers and the walking pad starts running.

5.2 Bluetooth Speaker

Use mobile phone to connect bluetooth with the walking pad.

Use mobile phone to play music on the walking pad.

5.3 Non-Infrared Remote Control

When the power is on, long press the start/stop button on the remote for around 7 seconds to match with the machine(continuous beep sound indicates the success of matching. If there is no beep sound, it means the matching is not done.). After matching, the remote can be used to control the walking pad. Press the *Start/Stop*, *Speed+*, *Speed-* to control the walking pad.

6. Sleep Mode

The system is with energy saving function(sleep mode). If there is no control command in 10 mins, the system will enter energy saving mode and the screen stops displaying. Press any button can awaken the the system.

5. Routine maintenance

Warning: Before cleaning or maintaining products, please be sure the power plug of the walking board is pulled out.

Cleaning: Comprehensive cleaning will extend the using life of the electric walking board.

Remove dust periodically in order to keep the parts clean. Be sure to clean walking belt with both sides of the exposed portion, which will reduce the accumulation of impurities. Make sure to wear clean athletic shoes to avoid carrying the dirty matters into running board and belt. walking board belts shall be cleaned by a damp cloth with soap. And please pay attention to avoid to wet the electrical components and walking belt.

Warning: Make sure power plug disconnect before moving motor cover away, clean the motor at least once a year.

Running belt specialized lubricant

This walking board's deck and walking belt has been lubricated in factory. Friction between the walking belt and deck has a great influence to the using life and the performance of the walking board, therefore regular applying of lubricant is needed. We advise you to check the board regularly. If the board's surface is damaged, please contact our customer service center.

We advise using lubricant between walking belt and running board with following schedule:

Lightweight user (use less than 3 hours a week) once per month;

Heavyweight use (use more than 7 hours a week) once every half month.

1. In order to better safeguard your electric walking board and extend the life of the machine, it is recommended that after your continued use of two hours, turn off the machine and let it rest for 10 minutes before using again.

2. If the walking board belt is too loose, there will be skid phenomenons while using; if it's too tight, it may reduces motor performance and harden the abrasion of roller and the walking belt. You can lift two sides of the walking belt for 50-75mm when the tightness is appropriate.

Running with adjusted alignment and tightness

In order to better use the walking board and make the walking board functions work better, it is necessary for you to adjust the walking belt into the best condition.

Running Belt alignment

- Put walking board flat on the ground.
- Make the walking board run at a speed of about 6-8km/hour.
- If the walking belt is closer to the right, rotate the right adjusting bolt with 1/2 turn counter-clockwise, then rotate the left adjusting bolt with 1/2 turn clockwise. (Picture B)
- If the walking belt is closer to the left, rotate the left adjusting bolt with 1/2 turn counter-clockwise, then rotate the right adjusting bolt with 1/2 turn clockwise. (Picture A)



Picture A

Picture B

Applying silicone oil

Step 1: Use scissors to cut the upper end of the oil bottle (Picture 1).

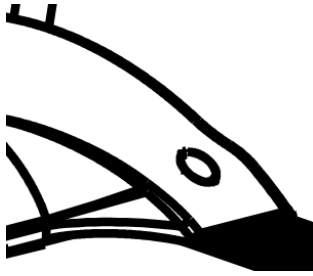
Step 2: Uncover the oil tank cover located on the motor cover (Picture 2 and 3).

Step 3: Squeeze the silicone oil into the oil tank (Picture 4).

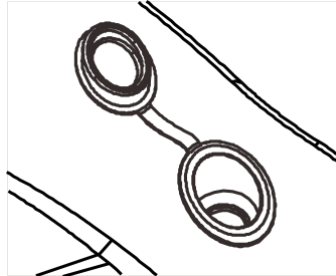
Step 4: Start the walking board, adjust the speed to 5-6 km/h, and run for 5 minutes to make the oil evenly distributed on the walking belt.



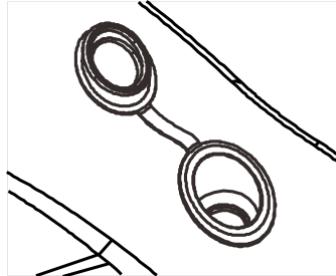
Picture 1



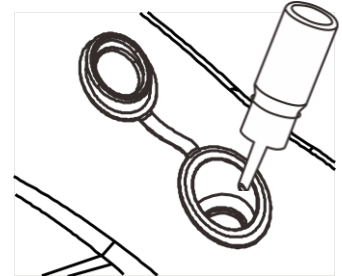
Picture 2



Picture 3



Picture 4





GARLANDO SPA

Via Regione Piemonte, 32 - Zona Industriale D1

15068 - Pozzolo Formigaro (AL) - Italy

www.everfit.it - info@everfit.it